



Email answers to David Thorpe at drthorpe@passmyphysical.com

RESPIRATORY PROTECTION TRAINING
POST TEST

Name _____ ID: _____

Date of training _____ Company: _____
MM/DD/YYYY

Please answer the following multiple choice questions by circling the correct answer. There is only one correct answer per questions.

1. What is the OSHA regulation that dictates the use of respirators in the workplace?
 - a. 49 CFR 391.41
 - b. 18 HFC 4895
 - c. 29 CFR 1910.134
 - d. The respirator protection act
2. The acronym IDLH stands for?
 - a. International Database for Lung Health
 - b. Immediately Dangerous to Life and Health
 - c. Immediately Dangerous to Lung Health
 - d. None of the above is correct
3. All of the following are examples of respiratory hazards except?
 - a. Dusts, fumes, and mists
 - b. Gases and vapors
 - c. Oxygen deficiency
 - d. Biologic agents
 - e. All listed are examples of respiratory hazards.
4. A respirator user can safely have facial hair that comes into contact with the tight seal of the respirator?
 - a. True
 - b. False
5. NIOSH has established a classification system for particulate filters that is based on minimum filtration and how effective they are as a filter.
 - a. True
 - b. False
6. For P filters, they need to be changed at what time regardless of use?
 - a. It becomes difficult to breathe comfortably

- b. The filter becomes dirty or physical damage occurs
 - c. 45 days regardless of use.
 - d. All of the above are correct.
 - e. Both A and B are correct.
7. Identify which filter has the most protective ability
- a. P95
 - b. P99
 - c. P100
 - d. They are all equally effective in their protective ability.
8. The best way to determine when to change out gas and vapor cartridges is when?
- a. The worker has reached the change out schedule that is determined by the employer.
 - b. If the contaminant can be detected inside of the respirator by smell or taste.
 - c. If the End-of-Service-Life Indicator (ESLI) indicates that it is time to change the cartridge.
 - d. All of the above.
9. Gas and vapor cartridge filters have a color coding system for that indicates the type of contaminants that they are used for.
- a. True
 - b. False
10. A negative seal check is performed in what way?
- a. Place your palms over the exhalation valve openings, and exhale gently into the mask.
 - b. Place your palms over the exhalation valve openings, and inhale gently into the mask.
 - c. Place your palms over the inhalation valve openings, and exhale gently into the mask.
 - d. Place your palms over the inhalation valve openings, and inhale gently into the mask.
11. Respirators should be inspected for evidence of wear and/or damage how often?
- a. Each time prior to use of the respirator.
 - b. Once a week as required by OSHA
 - c. Based on Manufacturer Respirator Inspection Guidelines.
 - d. Based on Employer Respirator Inspection Guidelines.
12. When cleaning and storing a respirator all of the following are true except?
- a. Respirators can be cleaned only using a respirator sanitizing cloth/wipes.
 - b. You must wash your respirator only using a warm and a mild acidic solution.
 - c. Use only mild detergents that are recommended by the manufacturer when washing the respirator.
 - d. Respirators should be stored in a cool dry place.
13. When working in an IDLH atmosphere, a “standby employee” is required by OSHA?
- a. True
 - b. False
14. Loss of effectiveness of a respirator can be presumed if you?
- a. Have surpassed the manufactures respirator change out schedule.
 - b. Have fog that forms within the mask
 - c. Can detect a vapor or gas breakthrough by odor, taste, and/or irritation effects.
 - d. None of the above are correct.
15. A medical assessment of a worker’s health should be provided if there has been a recent change in their health status, or fitness level.
- a. True
 - b. False